

CREATE YOUR OWN SANDWICH

\$16.95 per lb

bread

7 Grain Slice
bagel
baguette
brioche Bun
brioche Slice
croissant
pumpernickel
whole wheat

meat

bacon
parisian ham
hanger steak
grass fed roast beef
poached chicken breast
chicken curry salad
roasted chicken salad
chicken sausage
roasted duck
organic turkey breast

cheese & eggs

american
boursin w/herbs
brie
cheddar
feta
goat
mozzarella
saga blue
swiss

fish

salmon grilled
salmon poached
salmon cured
tuna salad
grilled shrimp
cage free egg salad
hard boiled eggs

more stuff

romaine
tomatoes
red onions ring
alfalfa sprouts
avocado
grilled vegetables
cucumber
jalapeño pepper
olives Kalamata
olive tapenade
sun dried tomato
anchovies
sliced apple
cornichons
chickpeas

seeds & nuts

pumpkin Seeds
sunflower Seeds
roasted peanuts
roasted almonds
spicy walnuts

simple dressings

Pierre's vinaigrette
Balsamic vinaigrette
Dijon mustard
fat free yogurt
fresh lemon juice
honey mustard
Pierre's olive oil
Balsamic vinegar

creamy dressings

caesar
Moroccan spice
pesto dressing
russian
Tartar dressing