

Freshly made Smoothie and Juice

Smoothies \$10.95

Red Blast

strawberries, raspberries, blueberries, lemon

Pineapple Boat

pineapple, banana, coconut milk, lemon juice

Soy Sensation

blueberries, banana, soy milk, agave

Tropi-Kale

kale, pineapple, mango, coconut milk

St. Barth

pineapple, mango, grapefruit, low fat yogurt

Orange Blast

orange, banana, pineapple

Orange Ecstasis

orange, banana, low fat yogurt, honey

Hangover Cure

banana, mango, low fat yogurt

What Diet

honeydew, watermelon, vanilla ice cream

Juices \$10.95

Watermill

apple, carrot, beet, ginger

Lemon Cleanse

apple, carrot, lemon, ginger

Gibson

pineapple, beet, kale, parsley, ginger

Namaste

apple, beet, cucumber, ginger

Bridgehampton

tomato, celery, cucumber, cilantro

Sweet Greens

apple, cucumber, kale, celery

Pick Me Up

apple, carrot, orange, sweet red pepper

Wainscott

leek, spinach, apple, lemon

Sagaponack

apple, beet, asparagus